Keep in Mind to Be Kind

(Adults need to practice flexibility too!)

A child with learning differences who is overwhelmed by the noise, smells, & people might forget to say, "Thank you." They aren't being rude – their senses are just on overload!

A child with learning differences who bumps others while reaching for their favorite dish isn't being greedy. They just didn't notice someone else was reaching too.



A child with learning differences who is both excited & anxious may talk a little too loud or too long. Remind them with kindness. Your words & tone will stick.



Let's remember, not every child shows gratitude in the same way.

Teach rather than scold & know that a hug, smile, or second serving can mean "thank you" too.

But most of all, remember: Kindness should always be on the menu!





